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This is to certify that the research paper entitled “Effectiveness of Yoga-Based Balance Exercises versus Conventional Balance Training on Functional Mobility and Quality of Life among Elderly Individuals”, authored by “Sharad, K.S.”, has been successfully published in ADEJ, Volume – 3, Issue – 1 (January–March 2026).

The paper has been assigned the DOI link: <https://doi.org/10.5281/zenodo.19407445>

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