A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing Vol (2), Issue (1), Feb-April 2025 ISSN: 3048-7951

Title: Legislative Landscape of Sports in India: An In Depth Analysis of the Legal Framework Governing Sports Activities in India

Dr. Sujith S¹

Review:13/02/2025	Acceptance:28/04/2025	Publication: 02/05/2025

Abstract:

This paper provides an in depth analysis of the legal framework that governs sports activities in India, examining the intersection of constitutional provisions, legislative statutes, and institutional governance structures. With keywords such as sports law, sports governance, National Sports Code, athlete welfare, Indian Olympic Association, sports policy, and sports corruption, the research delves into the evolution, challenges, and reforms necessary to address the existing gaps. The study evaluates key statutory laws such as the National Sports Development Code (NSDCI), the Prevention of Corruption Act, and the Sports (Development) Bill. The paper also highlights the roles of various national and international bodies in shaping India's sports governance, discussing the complexities in sports administration and the urgent need for systemic reforms. By comparing India's sports legal framework with other international systems, the paper proposes future directions for creating a more transparent, accountable, and athlete centric sports governance system in India.

Keywords: Sports law, Sports governance, National Sports Development Code, Athlete welfare, Sports corruption, Legal framework

Introduction

Sports in India have become a powerful force both socially and economically, but the legislative framework governing them has remained largely fragmented and underdeveloped. Unlike countries with structured, well established sports governance systems, India has struggled with issues such as corruption, inefficient management, lack of infrastructure, and inadequate athlete support. While sports law in India is governed by a mix of statutory laws, executive orders, and judicial interpretations, there is no unified legal structure governing the sector. This paper aims to analyze the existing legal framework governing sports activities in India, with a focus on key statutes, institutional mechanisms, and recent legislative developments.

Historical Overview of Sports Law in India

¹ Dr. Sujith S¹. Assistant Director of Physical Education, National University of Advanced Legal Studies, Kochi.

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing Vol (2), Issue (1), Feb-April 2025 ISSN: 3048-7951

The evolution of sports law in India has been shaped by both domestic concerns and global sporting developments. Post independence, India's approach to sports was primarily influenced by colonial practices and international frameworks. However, with the gradual rise in India's participation in international competitions such as the Olympics, Commonwealth Games, and Asian Games, there has been increasing recognition of the need for a structured legal system to govern the sector.

• PreIndependence Era

Under British rule, sports in India were largely structured along colonial lines. Sports like cricket, football, and field hockey were introduced by the British, and their management was largely carried out through colonial sports clubs and associations. The legal framework for sports during this period was mostly informal and centered around private sports bodies.

• PostIndependence Development

After India gained independence in 1947, the country took steps toward institutionalizing sports. The creation of the Indian Olympic Association (IOA) in 1927 marked the beginning of formal sports governance in India. The establishment of national sports federations for various disciplines further organized the management of sports activities. However, it wasn't until the 1980s and 1990s that comprehensive sports laws began to take shape, driven by the increasing prominence of Indian athletes on the global stage and the growth of sportsrelated media and business.

• Legal Gaps and Challenges

Despite these early efforts, sports governance remained highly fragmented. The Indian government's policies were often vague, and the sports federations operated with significant autonomy, leading to instances of corruption and mismanagement. There was also a growing awareness of issues related to athlete welfare, doping, and ethical governance, prompting calls for a more structured legal framework.

• Key Legislative Acts in Indian Sports Law

Over the years, several laws and regulations have been enacted to regulate sports in India. These laws govern everything from the functioning of sports federations to the welfare of athletes, and they attempt to ensure transparency and accountability in sports administration.

However, challenges persist due to inadequate enforcement and governance issues.

The National Sports Development Code of India, 2011

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing Vol (2), Issue (1), Feb-April 2025 ISSN: 3048-7951

The National Sports Development Code (NSDCI) was introduced to standardize the governance of sports in India. Its primary aim was to regulate the functioning of National Sports Federations (NSFs), and it serves as a critical tool for bringing transparency and accountability to sports administration.

Key Provisions:

Governance and Structure of Federations: The NSDCI sets clear guidelines for the formation and operation of NSFs. It includes stipulations for elections, office bearers, and regular audits.

Athlete Selection and Welfare: The Code prescribes uniform procedures for the selection of athletes for national teams, ensuring that they are based on merit rather than influence or favoritism.

AntiDoping Measures: The NSDCI aligns with the World AntiDoping Agency (WADA) regulations, imposing strict penalties for violations of doping rules.

Despite its comprehensive provisions, the NSDCI has faced implementation challenges, primarily due to resistance from sports federations that are reluctant to adhere to the centralized regulatory model.

The Prevention of Corruption Act, 1988

This law applies to all public servants, including sports officials, and addresses issues of corruption within the sports governance framework. The Prevention of Corruption Act empowers the government to investigate and prosecute officials who are involved in corrupt activities. In the context of sports, it aims to address bribery and fraud in selection processes, funding distribution, and other aspects of sports administration. While the Act has been instrumental in curbing some forms of corruption, its effectiveness is limited by a lack of enforcement and the prevalence of corruption within the sports federations.

The Sports (Development) Bill, 2022

The Sports Development Bill, introduced in 2022, aims to overhaul the sports governance structure in India. The bill emphasizes athlete welfare, infrastructure development, and transparency within sports federations. Some of its key features include:

Establishment of a Central Sports Authority: The bill proposes the creation of a central body to oversee all sports development activities, including the establishment of sports academies, setting up of sports infrastructure, and ensuring fair governance practices across NSFs.

Focus on Grassroots Development: It outlines provisions for the development of sports at the grassroots level, with a focus on youth engagement and inclusion.

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing
IF: 1.024
Vol (2), Issue (1), Feb-April 2025
ISSN: 3048-7951

Public Private Partnerships (PPP): The bill encourages partnerships between the government and private entities to enhance infrastructure and sponsorship opportunities for sports.

Institutional Framework

Sports governance in India is administered by a variety of institutions, each with a specific mandate. The Ministry of Youth Affairs and Sports (MYAS) plays a central role, but there are also numerous National Sports Federations (NSFs), the Indian Olympic Association (IOA), and other regulatory bodies involved.

Ministry of Youth Affairs and Sports (MYAS)

The Ministry of Youth Affairs and Sports (MYAS) is the central government agency responsible for the development of sports in India. It formulates national policies and provides financial assistance to various sports organizations. MYAS plays a crucial role in coordinating efforts between different federations and other stakeholders, including the private sector.

National Sports Federations (NSFs)

National Sports Federations (NSFs) are responsible for managing the governance and development of specific sports in India. They operate under the supervision of MYAS and are expected to adhere to the NSDCI and other relevant regulations. However, many federations have faced criticism for lack of transparency, inefficiency, and infighting among their officials.

Indian Olympic Association (IOA)

The IOA is the governing body responsible for overseeing India's participation in the Olympic Games and related events. It is tasked with ensuring that Indian athletes are properly trained and funded to compete at the highest international levels. The IOA also coordinates with the International Olympic Committee (IOC) to ensure that India complies with international norms and regulations.

Challenges in the Legislative and Governance Framework

Despite the legal framework in place, several issues persist that hamper the effective governance of sports in India. These challenges range from administrative inefficiencies to ethical lapses, making it difficult for the country to maximize its sports potential.

Corruption and Mismanagement

Corruption within sports federations has been one of the most significant challenges facing the Indian sports sector. Cases of bribery, fraud, and favoritism in the selection of athletes and the allocation of funds have

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing
IF: 1.024
Vol (2), Issue (1), Feb-April 2025
ISSN: 3048-7951

plagued several sports bodies. Despite the Prevention of Corruption Act, these issues continue to persist due to weak enforcement and political interference in sports governance.

Lack of Infrastructure

One of the major barriers to the development of sports in India is inadequate infrastructure. Poor facilities, lack of access to modern training equipment, and insufficient investment in grassroots sports limit the growth of athletes, particularly in rural areas. Publicprivate partnerships have been proposed as a solution, but progress has been slow.

• Athlete Welfare

The welfare of athletes, particularly in terms of health care, financial support, and career development, remains a critical issue. Athletes often face exploitation by federations and lack access to essential training and medical facilities, leading to burnout and early retirement. There is a need for comprehensive reforms in the area of athlete support, including better sponsorship and insurance schemes.

Comparative Analysis: India and Global Sports Governance

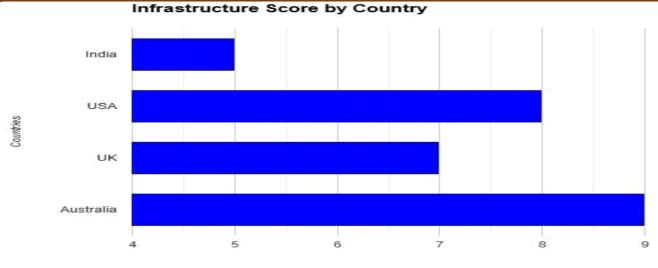
India's sports governance framework lags behind several developed nations due to inefficiencies in administration and outdated systems. A comparative analysis of sports governance in countries like the United States, the United Kingdom, and Australia reveals several best practices that India can adopt. For instance, the USA's centralized governance structure for Olympic sports ensures greater accountability and transparency, while

Australia's investment in grassroots sports development has led to higher levels of participation and performance at the international level

Country	Infrastructure Score (110)
India	5
USA	8
UK	7
Australia	9

.Comparison of Sports Infrastructure Index in India vs. Selected Countries

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing Vol (2), Issue (1), Feb-April 2025 ISSN: 3048-7951



Infrastructure Score (Higher is better)

Graph 1: Comparison of Sports Infrastructure Index in India vs. Selected Countries

Proposed Reforms and Future Directions: To address the challenges identified, this paper proposes the following reforms:

Unified National Sports Policy: A comprehensive policy that integrates all sports governance mechanisms under one umbrella to promote transparency, consistency, and efficiency.

Strengthening Oversight: Empowering bodies like the Ministry of Youth Affairs and Sports to take a more active role in monitoring and regulating the activities of NSFs.

Focus on Athlete Welfare: Increased investment in athlete support systems, including improved training facilities, financial aid, and post competition career development.

Public Private Partnerships: Encouraging collaborations with the private sector to enhance sports infrastructure and provide greater sponsorship opportunities for athletes.

Conclusion: The legal framework for sports in India, while evolving, remains incomplete and inefficient in many areas. The complex network of laws, institutions, and policies needs reform to improve governance, athlete welfare, and infrastructure. A cohesive approach, combining regulatory, infrastructural, and governance reforms, is crucial to the future development of sports in India.

References

• Ministry of Youth Affairs and Sports. (2011). National Sports Development Code of India, 2011. Retrieved from myas.nic.in

A Quarterly Multidisciplinary Blind Peer Reviewed & Refereed Online International Journal Google Scholar Indexing Vol (2), Issue (1), Feb-April 2025 ISSN: 3048-7951

- Government of India. (1988). The Prevention of Corruption Act, 1988. Retrieved from indiacode.nic.in
- National Sports Development Bill. (2022).
- IOC. (2020). Olympic Charter. International Olympic Committee.
- WADA. (2023). World AntiDoping Code. World AntiDoping Agency.

